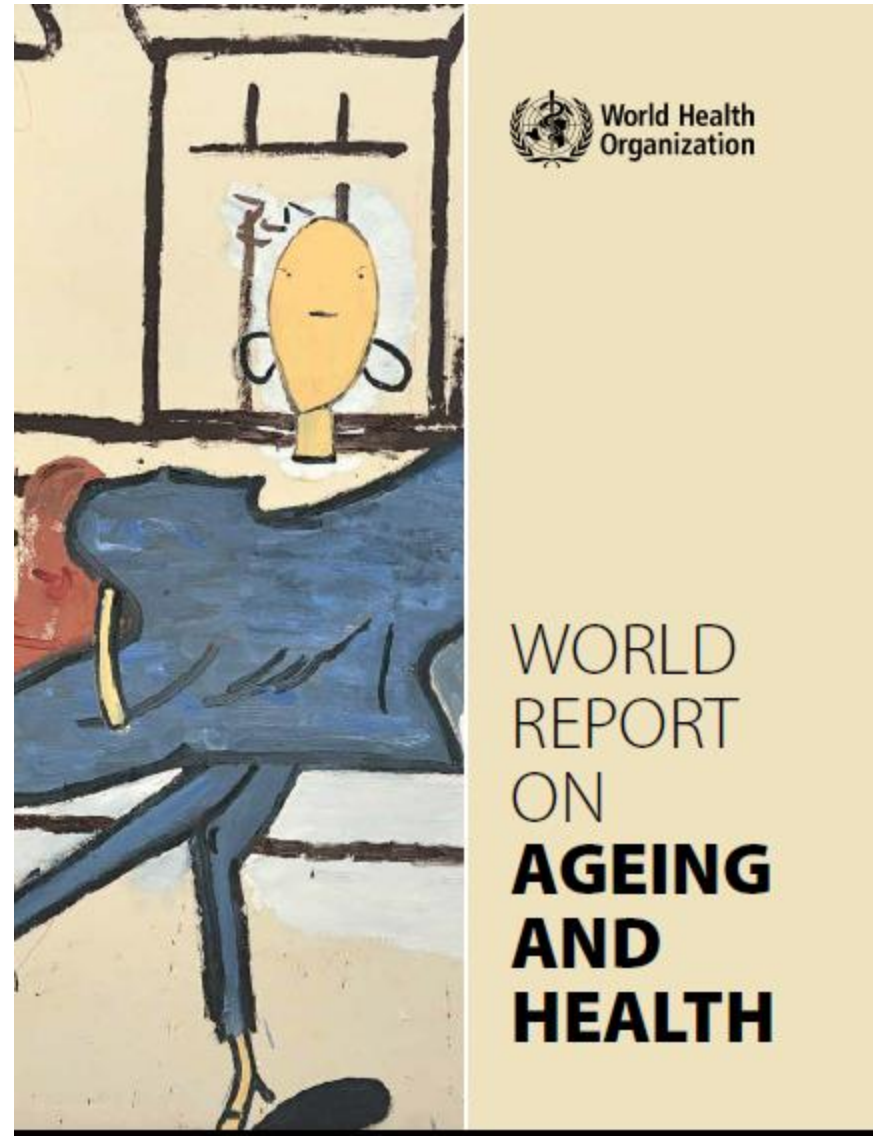


# World Report on Ageing and Health

"Healthy Ageing - the process of developing and maintaining the functional ability that enables wellbeing in older age."

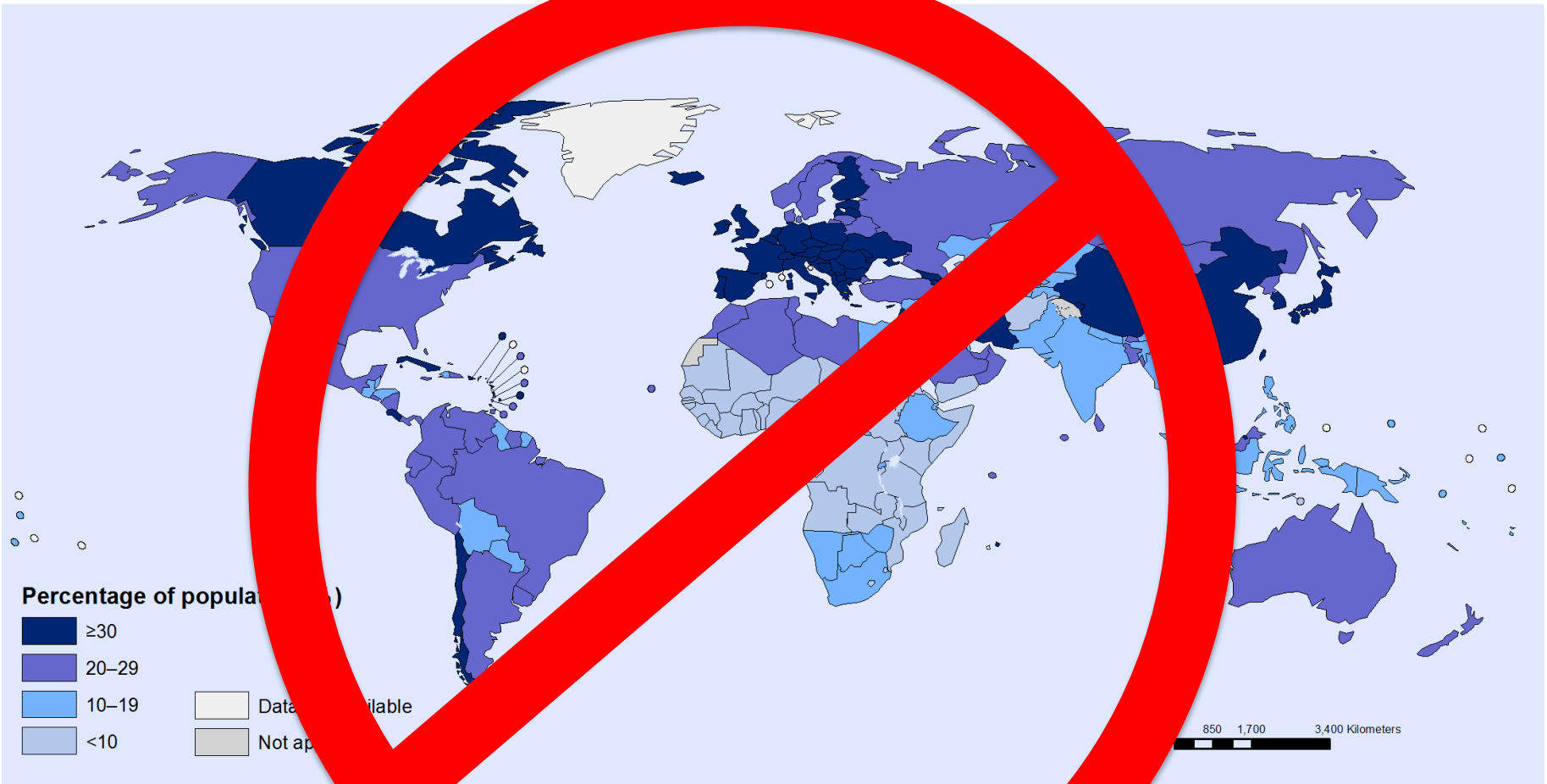




# The Freedom of *Healthy Ageing*

Dr John Beard  
Director, Ageing and Life Course

## Estimated population aged 60 years or older (2050)



The boundaries and names shown and the designation of territories on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

Data Source: World Health Organization (WHO)  
Map Production: Information Systems and Research (IER)  
World Health Organization

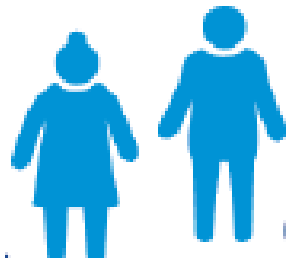


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# Functional Ability



# Functional Ability



# Functional Ability



Intrinsic Capacity

# Functional Ability



Intrinsic Capacity

# Functional Ability



Intrinsic Capacity



# Functional Ability



Intrinsic Capacity

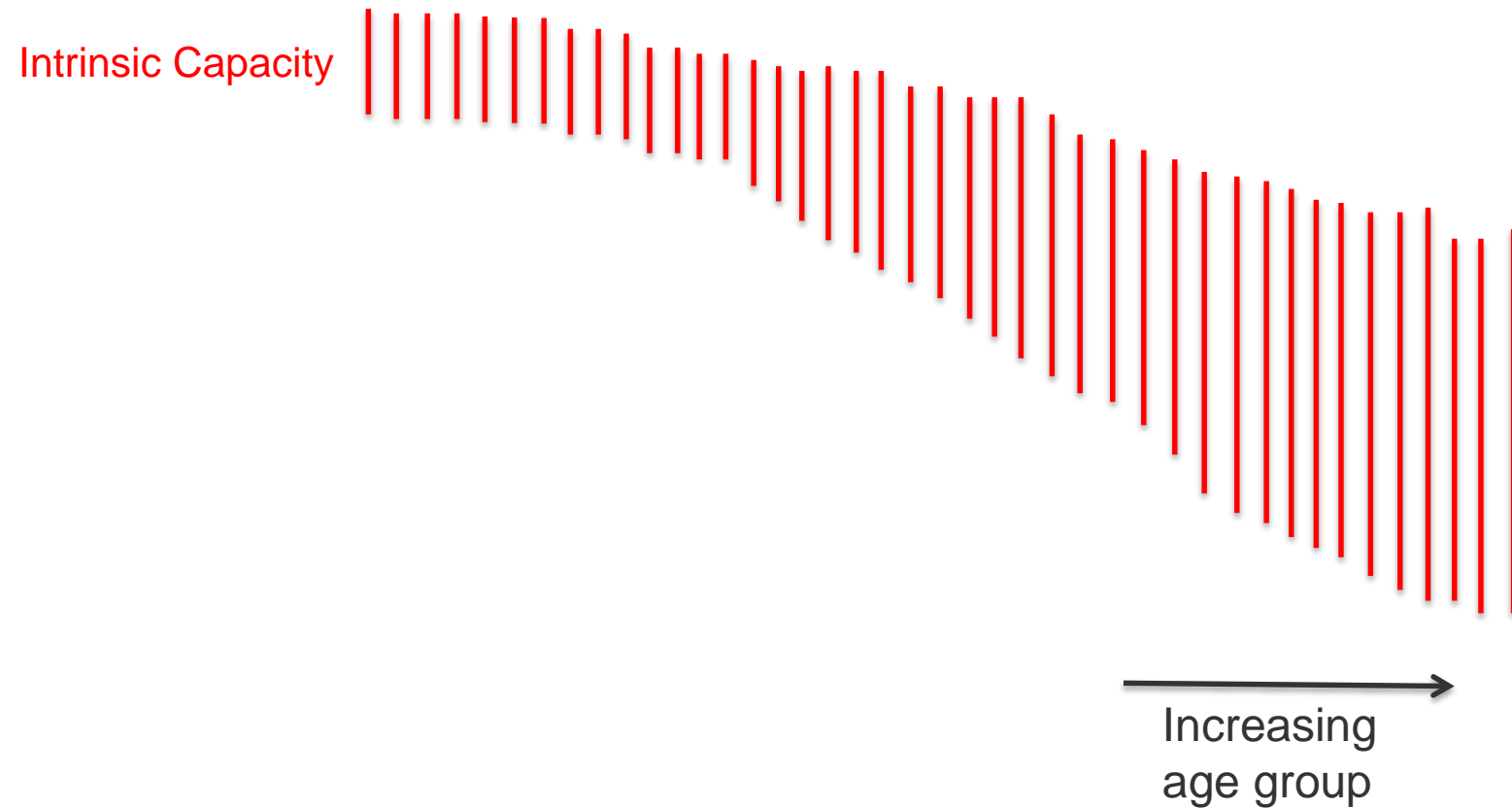


# Functional Ability

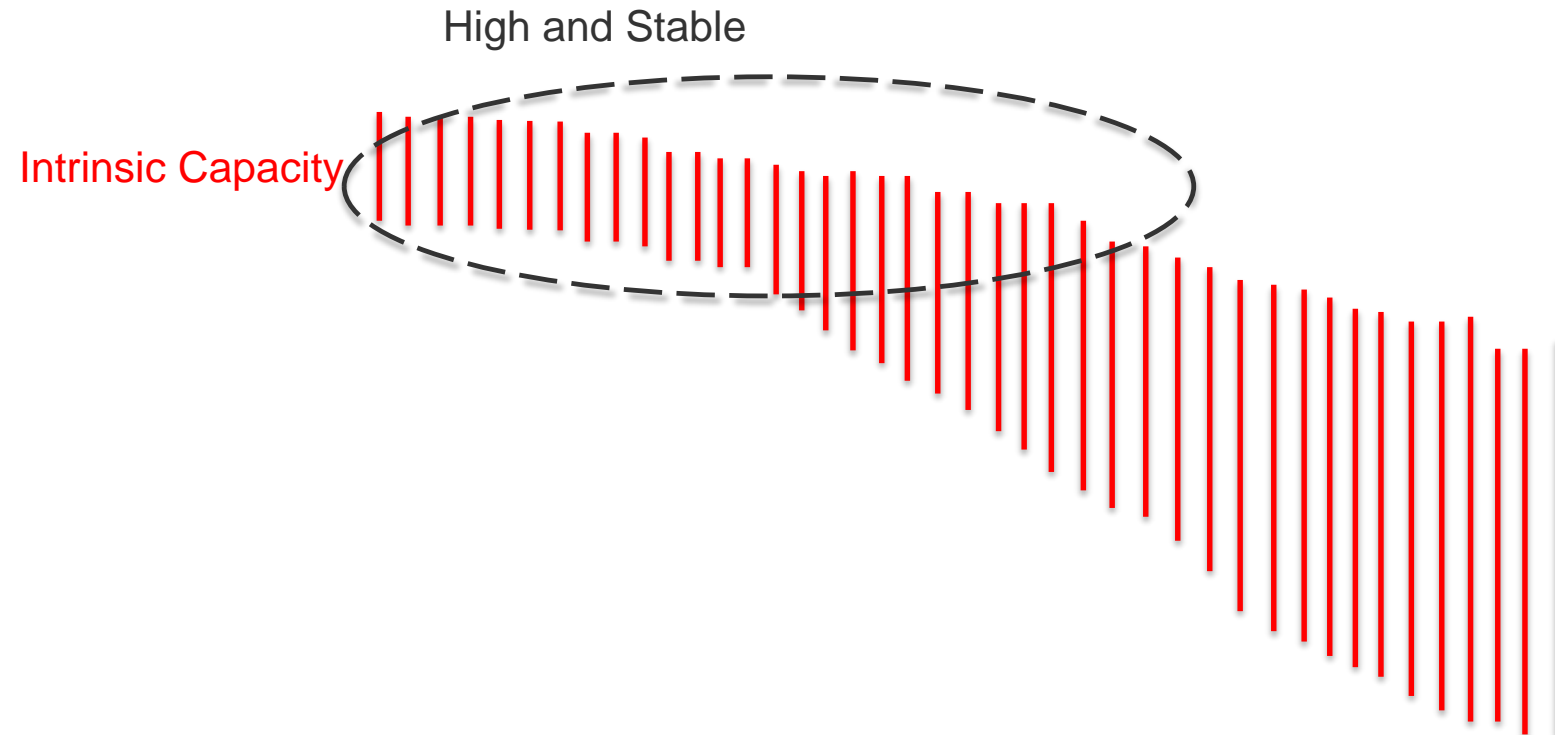


Functional Ability = Intrinsic Capacity + Environment

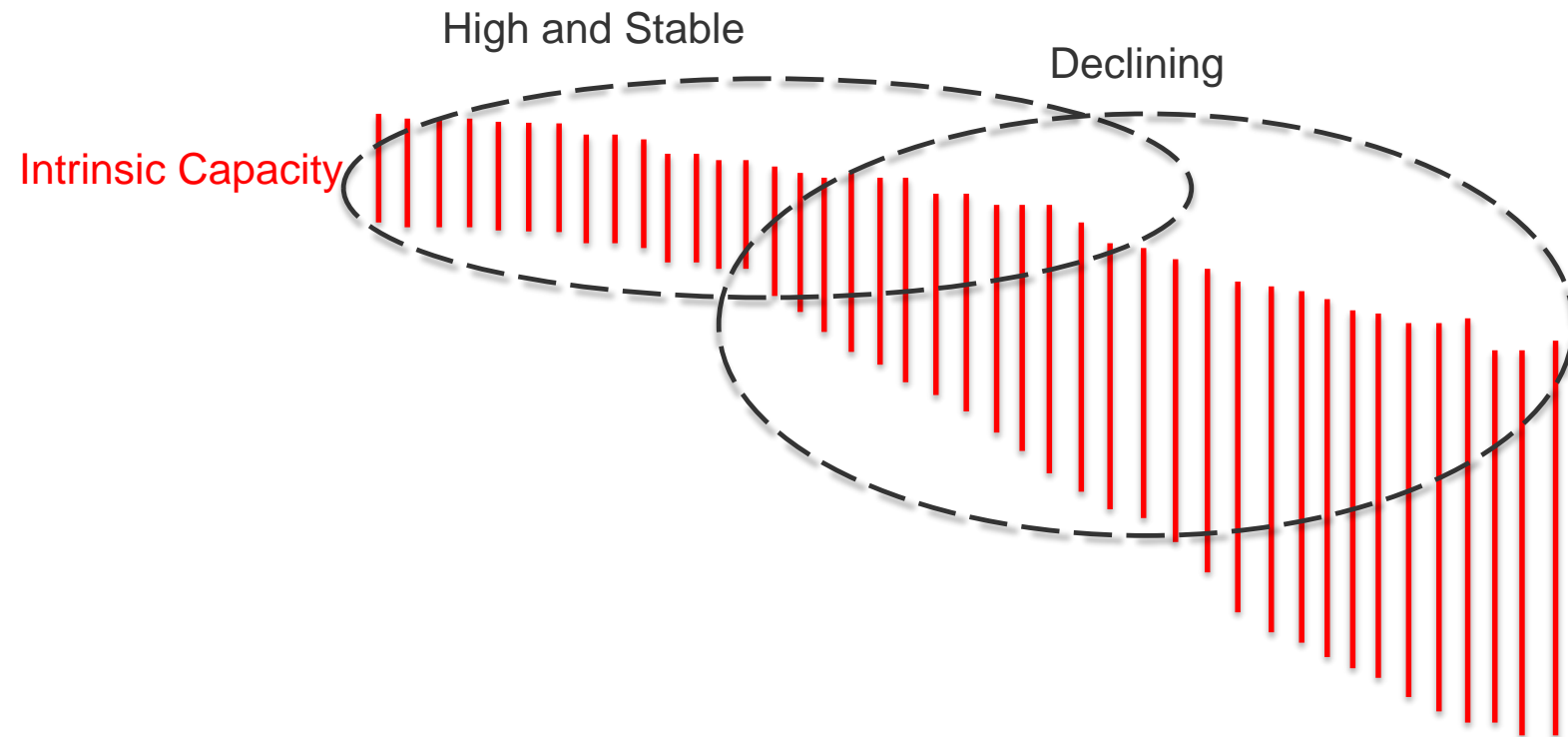
# Population in the second half of life



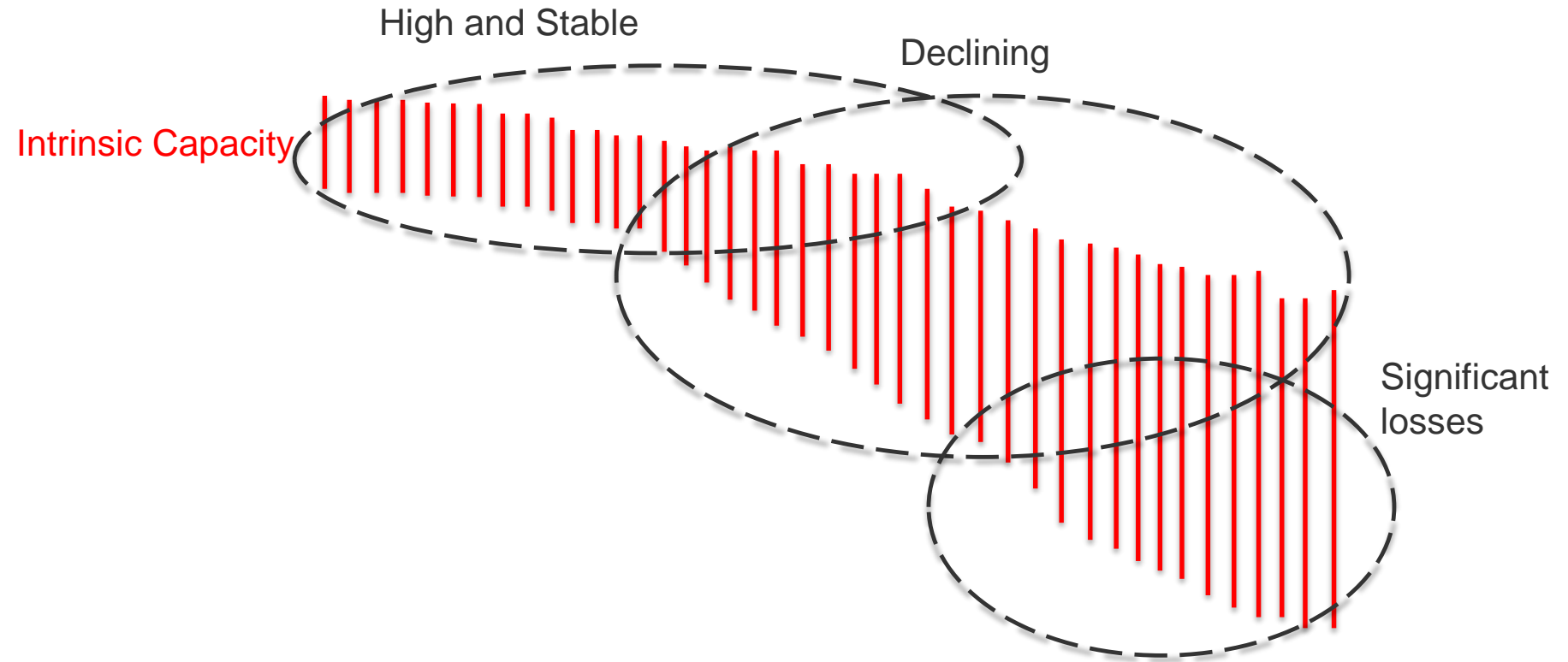
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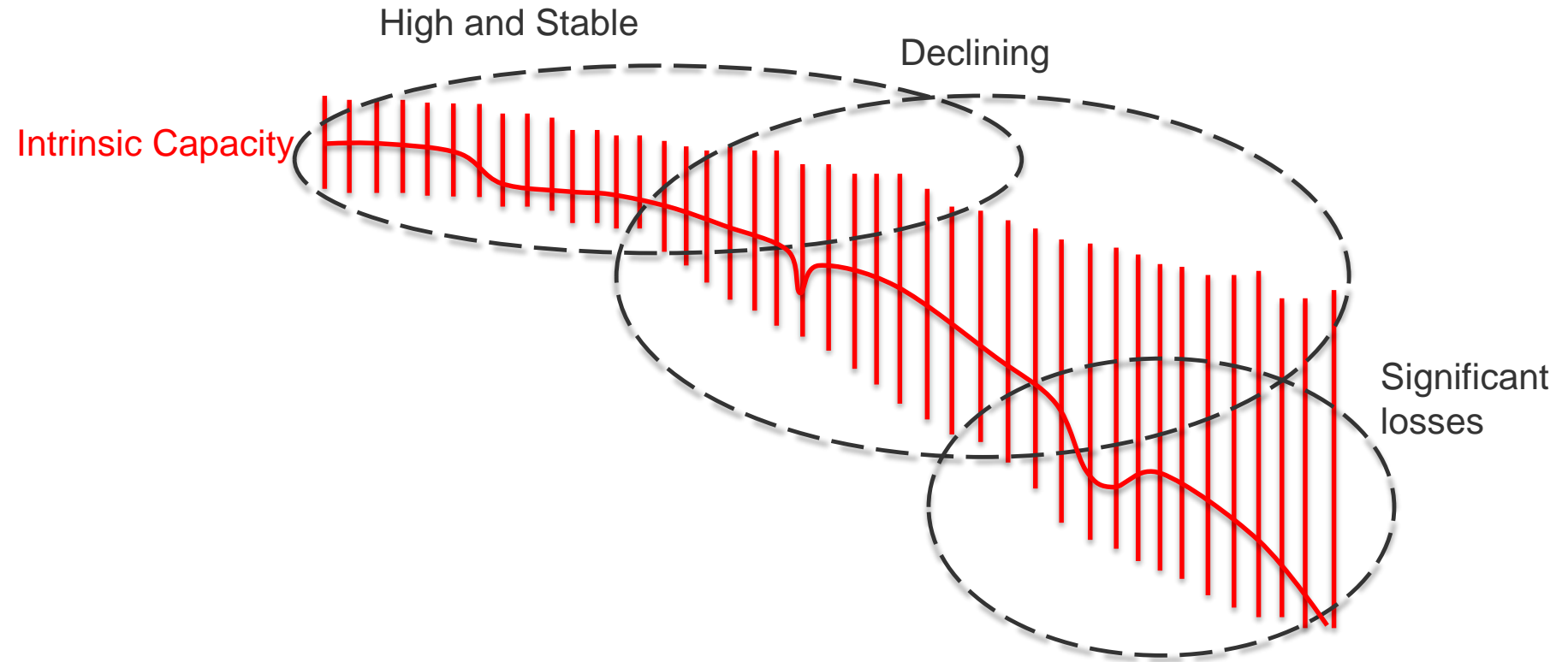
# Population in the second half of life



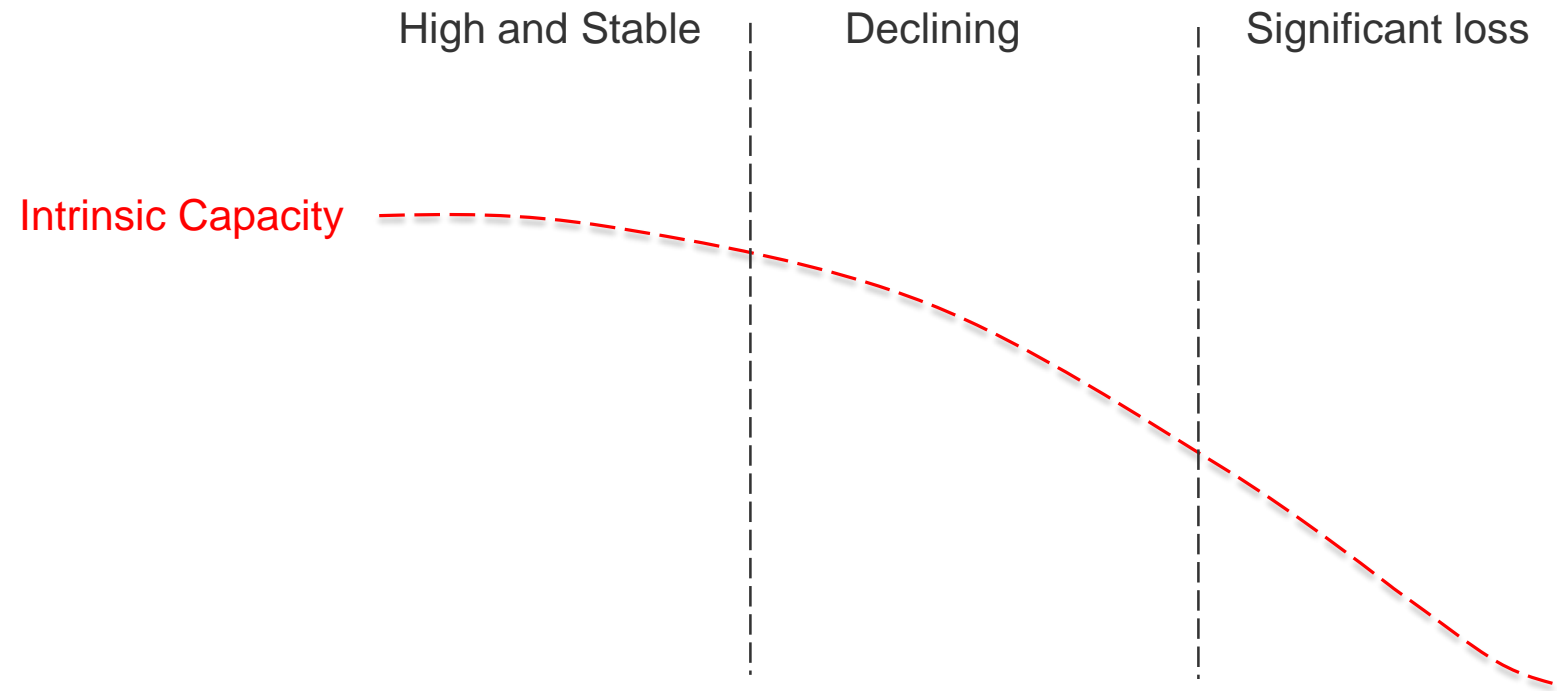
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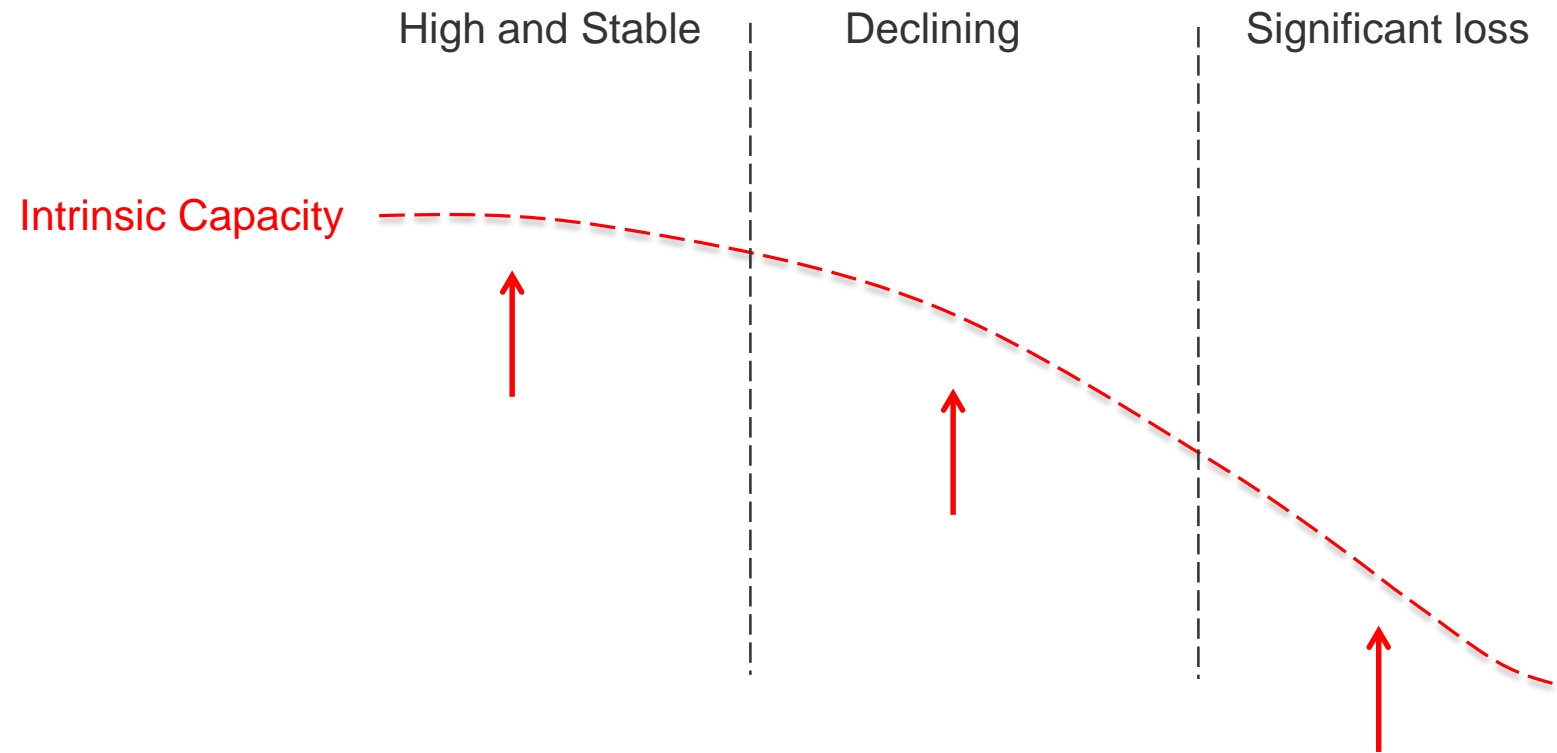


# Population in the second half of life

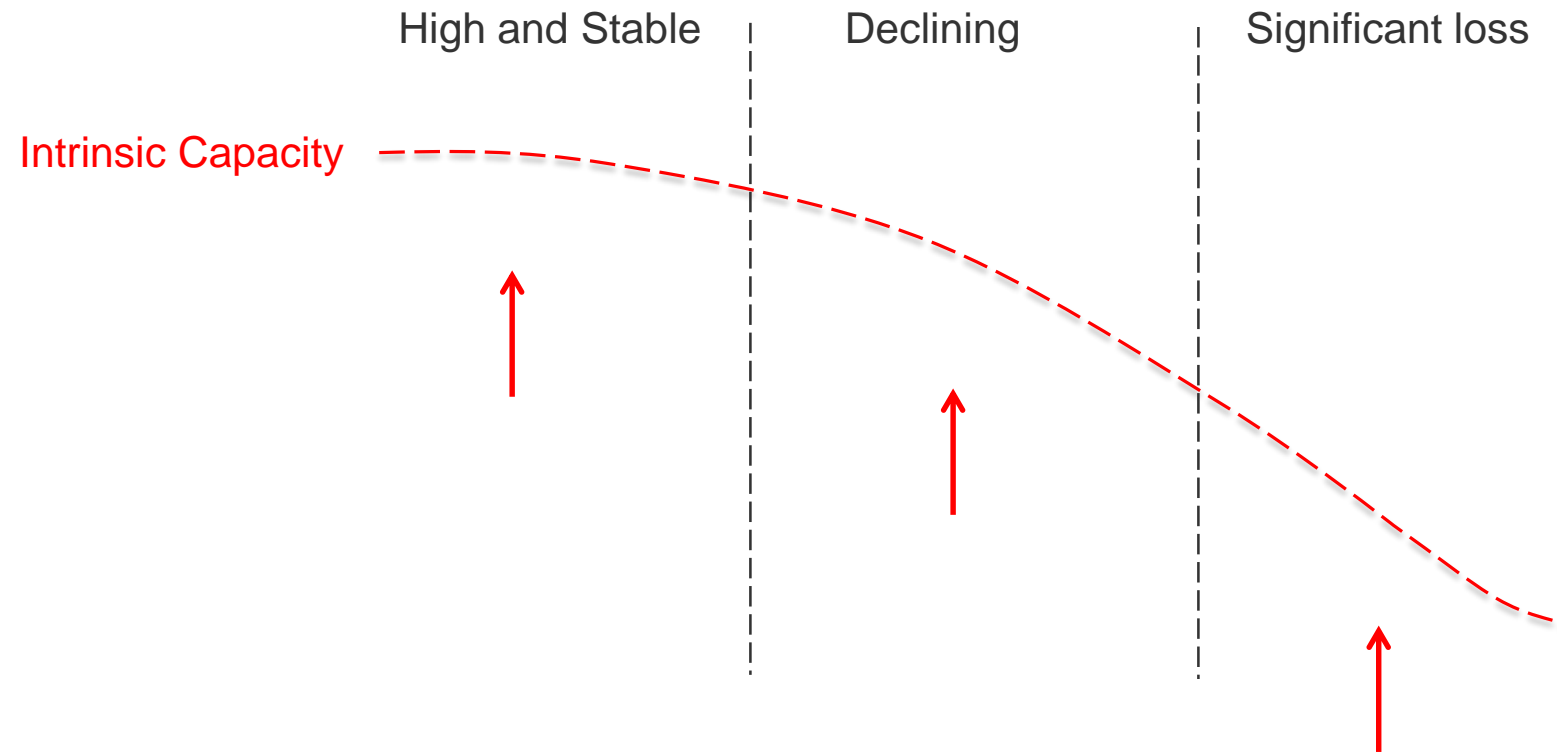




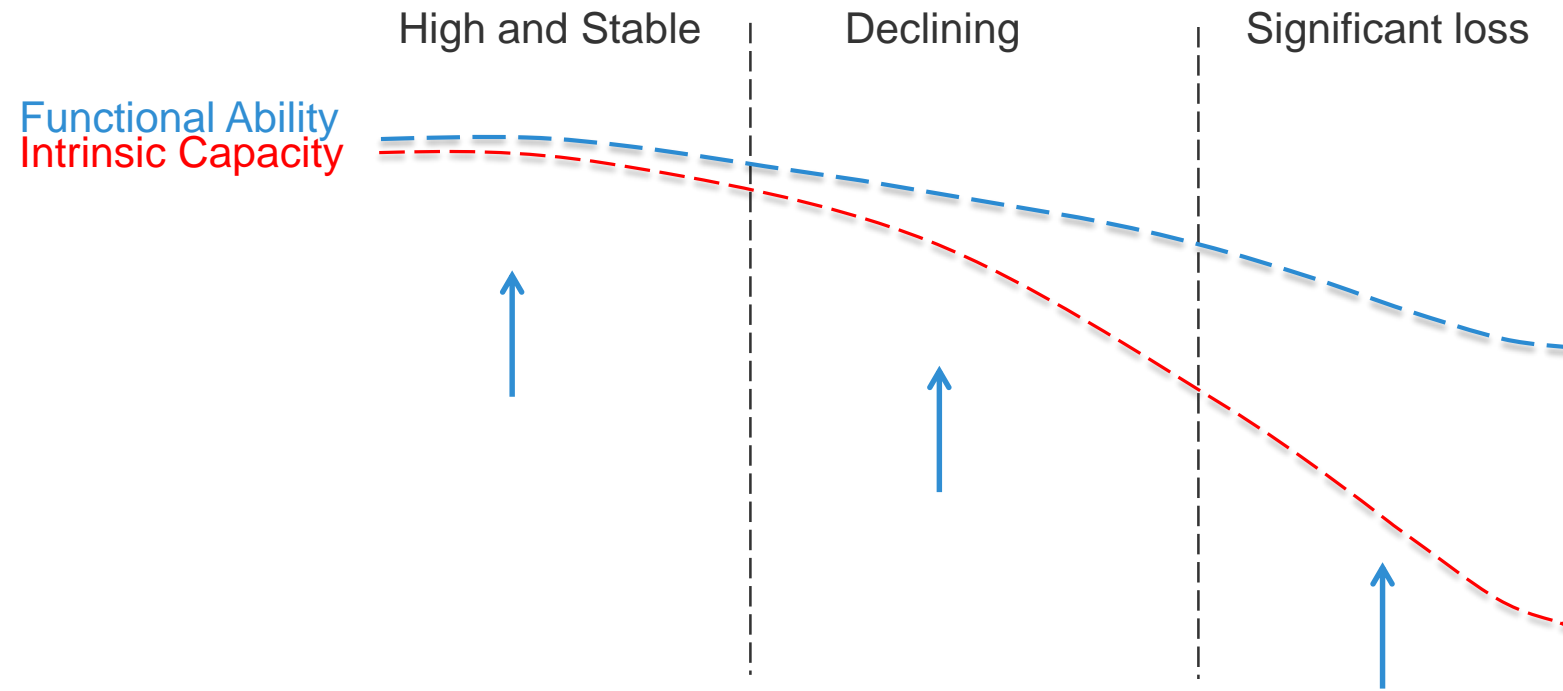
# Population in the second half of life



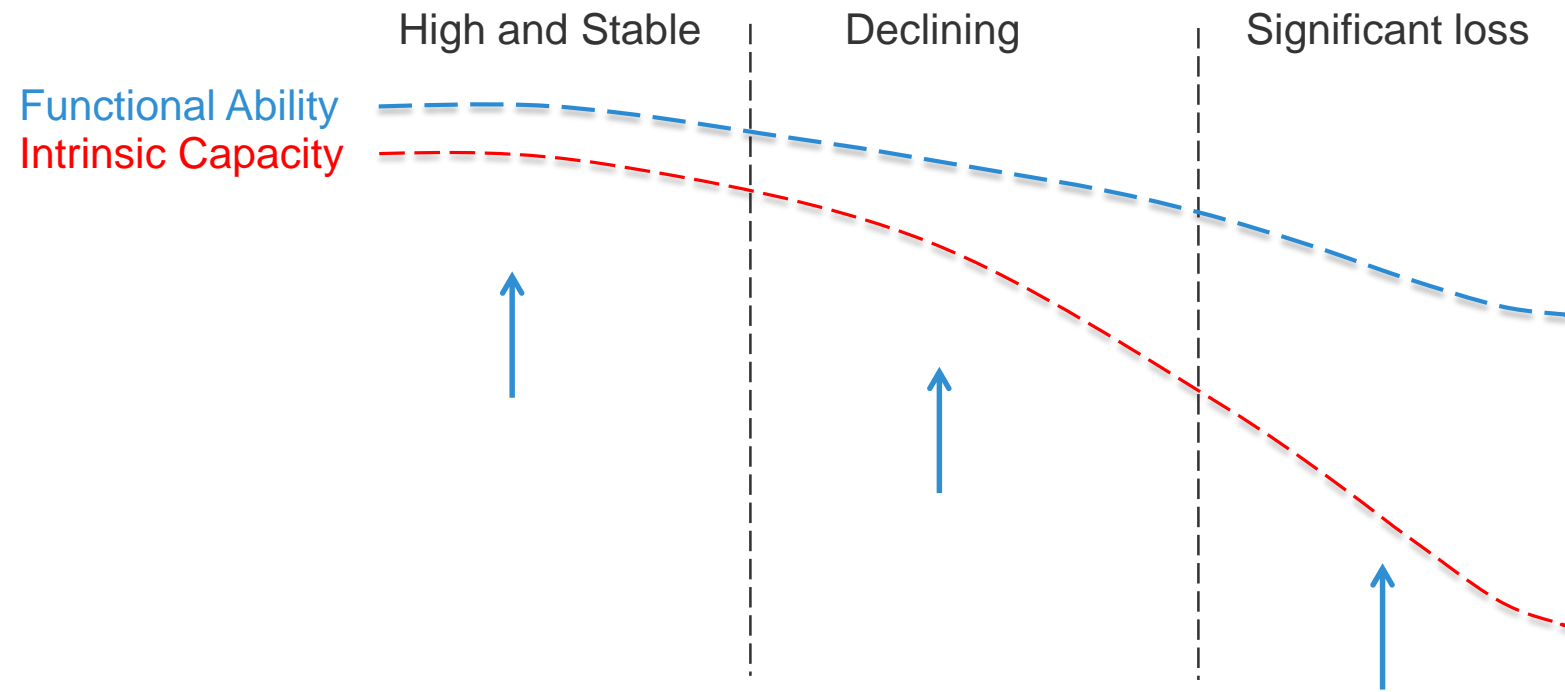
# Population in the second half of life



# Population in the second half of life



# Population in the second half of life





# Global Strategy and Action Plan on Ageing and Health

- Commitment to action on Healthy Ageing in every country
- Developing age-friendly environments
- Aligning health systems to the needs of older populations
- Developing sustainable and equitable systems for providing long-term care (home, communities, institutions)
- Improving measurement, monitoring and research on *Healthy Ageing*



# Global Strategy and Action Plan on Ageing and Health

## VISION

A world in which everyone can live a long and healthy life

## GOALS

- Five years of evidence-based action to maximize functional ability that reaches every person.
- By 2020, establish evidence and partnerships necessary to support a Decade of *Healthy Ageing* from 2020 to 2030



# 10 Steps toward a Decade of *Healthy Ageing*

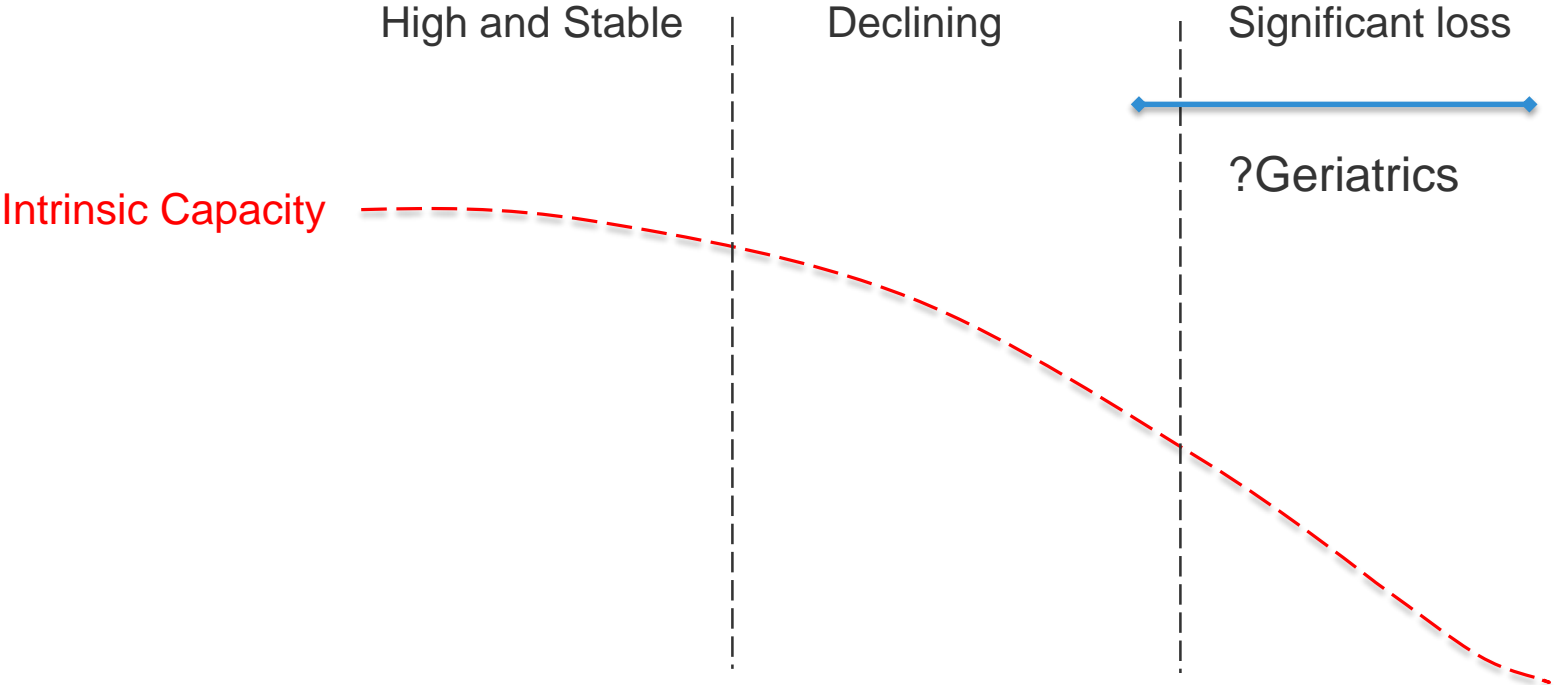
1. Enable country action
2. Undertake a global campaign to combat ageism
3. Lay the foundations for a long-term care system in every country
4. Develop tools for Integrated Care for Older People
5. Define the health needs of older people and how well these are being met
6. Ensuring the human resources needed for integrated care
7. Defining the investment case for *Healthy Ageing*
8. Linking research to need and action
9. A Global Network For Age-friendly Cities and Communities
10. Establishing a platform for innovation and change



# 10 Steps toward a Decade of *Healthy Ageing*

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Intrinsic Capacity

High and Stable

Declining

Significant loss

?Geriatrics

